U.S. Department of Veterans Affairs
Gulf Coast Veterans Healthcare System – Biloxi
Doctoral Internship in Psychology
2019-2020
PROGRAM INFORMATION

Our Vision
The Psychology Internship training program embraces the philosophy that the pre-doctoral internship year represents a transition period for the emerging professional psychologist during which the intern moves from the role of graduate student to that of the autonomous professional. Training and supervision during the year should prepare the intern to enter the field of health service psychology with those skills needed to function independently and with the confidence and professional self-awareness to make maximum use of the individual's talents. Therefore, our training goal is to develop generalists who can function in a broad range of professional settings using a variety of skills. Reciprocally, our training program stimulates and enriches the training faculty and enhances the quality of patient care.

The internship program emphasizes a generalist specialty with development of extensive proficiencies in various facets of psychology (i.e., personality, intellectual, neuropsychological and psychodiagnostic assessment, psychotherapy, scholarly inquiry, research competence, consultation) with a rural Veteran patient population. The training year provides time to develop professionally and to set the stage for further post-doctoral specialization to enhance the diversity of the training experience. The faculty encourages applications from individuals with a variety of competencies and interests. The program facilitates professional development of interns by increasing their sensitivity to the cultural and individual diversity of the patients we serve and the professionals with whom we work. Significant attention is given to encouraging interns' personal, professional, and ethical development, consistent with the demands of becoming a psychologist.

Our Goals
The primary goal of the program is to train future independent licensed practitioners whose clinical decisions are informed by the integration of science and professional practice of psychology, in keeping with a Scholar-Practitioner Model. Significant attention is given to encouraging the intern's personal, professional and ethical development, consistent with the developmental needs of becoming a health service psychologist. Attention is also given to intern training needs, long term professional goals, and anticipated public health needs. Our specific goals for interns include:

Growth in Knowledge
We focus our clinical training and didactics on preparing a rich professional practitioner knowledge base. The internship is designed to provide a broad range of training experiences in the contemporary practice of professional psychology with some opportunity for subspecialty training and to satisfy licensure requirements for most states in the U.S.

Sensitivity to Cultural and Individual Diversity
We strive to provide the interns diverse and wide ranging clinical training experiences with an appreciation of multicultural/diversity sensitivity. The program facilitates professional development of interns by increasing their sensitivity to the cultural and individual diversity of the Veterans we serve, including those living in rural areas, and the professionals with whom we work. To enhance the diversity of the training experience, the faculty encourages applications from individuals with a variety of competencies and interests, as well as applicants from diverse backgrounds.

Appreciation of Professional Diversity
The program is designed so that interns have interactions with and supervision by several of the training faculty. This provides for a broad range of experiences with psychologists who have diverse racial, gender, academic, theoretical, practice, and specialty backgrounds. Further, many
of our training opportunities incorporate an interprofessional approach to treatment, allowing interaction with an interdisciplinary team.

Generalized Competence
The internship program emphasizes and develops a broad range of generalist skills (i.e., personality, cognitive, neuropsychological and psychodiagnostic assessment, psychotherapy, scholarly inquiry, research competence, consultation) with diverse Veteran patient populations.

Preparing for Future Professional Roles
The training year provides time to develop professionally and to set the stage for further post-doctoral specialization in the areas of health psychology/behavioral medicine, neuropsychology, geropsychology, and posttraumatic stress disorder. Interns will be prepared to assume clinical and research-focused professional health care positions wherein they will provide empirically based interventions and likewise contribute to the professional knowledge base. The Veterans Health Administration (VHA) prides itself on providing state-of-the-art training for healthcare professionals, then hiring former VA trainees to serve Veterans in their professional careers. Our internship program embraces these values, and many of our graduates go on to successful careers in VHA.

Our Model
In keeping with our goals, all internship training is designed to be sequential, cumulative, and graded in complexity as the year progresses to meet both the needs of the interns and community at large.

Rotations
Each intern completes three, four-month rotations of approximately 3 ½ days per week. Currently, no rotations are required, allowing interns to choose the training opportunities that will best help to meet their longer-term professional goals. Split rotations are necessary during one of the three rotations. All rotations are subject to the prior approval of the Director of Training. Rotation offerings may vary depending on supervisory availability.

Long Term Projects
The long-term project gives each intern the opportunity to design and pursue a specialized training experience in which he or she will participate throughout the entire training year. The long-term project may be clinically oriented, may focus on program development, may involve another facet of service provision (e.g., outreach, prevention, etc.), or may involve research. One half day per week is devoted to the long term project.

Dissertation Support
Although interns will be very busy with their clinical work, the training faculty encourages them to organize their professional activities, whether on-duty or off-duty, so that progress continues on the dissertation. While support in completing the dissertation is available on a limited basis, it is presumed that interns have proposed their projects, collected data, and are in the final stages of analysis and write-up when they begin their internship year. Some dissertation topics, however, require samples that can only be obtained in settings like our Healthcare System. In the past, some interns have utilized our Veteran population to collect dissertation data. This arrangement, though, is not guaranteed to be available and would require extensive preparation in reference to IRB and the GCVHS Research and Development Office requirements prior to initiation of the internship or very soon after initiation of the internship. We prefer that interns complete their dissertations during the training year, and then focus intensely on licensure and obtaining postdoctoral employment.

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Additional Training
Each Thursday is devoted to training seminars, group supervision, or other meetings (monthly staff meeting, CE programs, Grand Rounds presentations, Training Supervisors Meeting). Other training activities include serving a term as Chief Intern and developing and implementing work stress/anger management programs for medical center employees.

Supervision and Evaluation
Supervision is an integral part of the training program and is designed to foster education, professional competence, personal and professional growth, ethical responsibility, and personal integrity. At the beginning of the internship year, the Director of Training reviews the goals of supervision, process of supervision, and characteristics of good supervisors and supervisees. Outlines of this information are provided for each intern to reference during the training year. Supervisors are licensed psychologists who share their knowledge and expertise, model technique and professional behavior, and encourage interns to develop generalist skills using a variety of assessment/diagnostic, intervention, treatment team consultation, and research methods. Interns are expected to apply critical thinking and contemporary, empirically-based skills to professional, legal, and ethical issues related to the practice of psychology. Interns receive a minimum four hours of supervision per week, at least two of which are individual supervision. The remaining supervision hours occur through extra individual or group supervision, including the weekly Group Supervision meeting with training leadership. Additional supervision may likely occur through other scheduled or unscheduled and formal or informal supervision contacts and sessions.

Specific rotation/activity goals and objectives are communicated to interns in writing at the onset of each rotation/activity. Faculty supervisors meet monthly to discuss the progress of interns toward meeting these goals and objectives. At mid-rotation, supervisors and interns are prompted to exchange feedback on the rotation experience and review goals/objectives. Patient and hospital staff feedback are reviewed and integrated into the evaluation of intern progress. At the end of each rotation, interns and their primary supervisors complete formal, written competency evaluations that are forwarded to the Director of Training (DOT). The information in these evaluations is used by the DOT to provide ongoing feedback to interns, supervisors, and academic training directors. Typically, evaluation letters are sent to the interns' academic programs at midyear and at the completion of the internship. Successful completion of relevant rotations, seminars, and general activity objectives constitute exit criteria for completion of the program.

Problem Issues and Due Process Resolution
Normally, problematic behavior or less than satisfactory performance is resolved by the intern and the rotation supervisor. In rare instances, formal remediation is necessary. We have a written due process document which details policies and procedures that are implemented in these cases. The procedures for handling grievances are designed to protect the rights of the student, the supervisor and the training program. You may obtain a copy of this document by sending an e-mail request to Dr. Evans at dian.evans@va.gov.

Required Hours and Holidays
There are 10 Federal Holidays throughout the year and interns accrue 13 days each of Annual Leave and Sick Leave as Federal Employees. In order to certify the 2080 hour per year requirement of most states and account for time off on holidays and use of Leave, interns are required to obtain and document an average of 40-50 hours of work per week.
Anticipated Rotations 2019 - 2020

**Administration (half-time)**  Interns may elect this rotation with approval of the Director of Training. Interns will observe and participate in administration of mental health functions in collaboration with the Lead Psychologist. Training goals include exposing the intern to methods of administering a mental health program and interdisciplinary interface from an administrative perspective within the Veteran Affairs system. Prior interns who have participated in this rotation have been assigned special projects including grant preparation, conducting special investigations, and developing new programs. This rotation is typically part-time and must be coordinated with another supervisor willing to provide a part-time rotation placement.

**Behavioral Medicine/Health Psychology**  The Clinical Health Psychology/Behavioral Medicine program emphasizes use of the biopsychosocial perspective in the prevention and treatment of health-related conditions. The mission of Health Psychology is to maximize the physical and psychological functioning of Veterans through health promotion programs, individual goal-oriented treatments, and group psychoeducational programs that teach self-management of chronic medical conditions, while additionally reducing overall health care costs through application of these programs. We operate under the premise that learned ways of thinking and behaving can compromise health or promote wellness. Interns on this rotation are trained to respond to consultations from healthcare providers and to assess and treat a wide variety of medical conditions that are caused or affected by lifestyle and/or psychological factors. Medical conditions frequently treated by health psychologists include: chronic pain, chronic obstructive pulmonary disease, cancer, tension and migraine headache, temporomandibular disorders, insomnia and other sleep disorders, diabetes, irritable bowel syndrome, obesity, and compliance with difficult medical regimens. They may also offer disease management, primary prevention, and health promotion programs (e.g., tobacco cessation, weight loss), as well as programs in population health management. Interns may work with interdisciplinary teams comprised of a variety of health-care professionals. Current programs of this type include the OEF/OIF Traumatic Brain Injury/Polytrauma program, OEF/OIF/OND Post-deployment Clinic, Inpatient Medical/Surgical Unit, and the MOVE! weight management program.

**Blind Rehabilitation (half-time)**  The Gulf Coast Blind Rehabilitation Center (BRC) is a 26-bed residential treatment program. Legally blind Veterans (i.e., visual acuity 20/200 or less) are referred here for intensive blind rehabilitation training. The Veterans range in age from 19 to 99, with an average age of 65. The full treatment program includes training in Orientation and Mobility, Living Skills, Manual Skills, Communication Skills/Computer Accessibility, and Low Vision Skills; and will last from 3–8 weeks depending on the needs and abilities of the patient. All new patients are assessed by Psychology for their adjustment to blindness, their cognitive abilities, and their overall psychological status. Interns on this rotation will provide individual and group psychotherapeutic services. The most commonly encountered diagnostic groups include mood disorders, PTSD, and cognitive impairments. The psychologist develops treatment plans that address the specific needs of each patient and assists the other staff members in adapting their program to the limitations a patient may have. The most common causes of blindness are: macular degeneration; glaucoma; diabetic retinopathy; and trauma. A variety of other ocular disorders are also represented. The majority of patients have significant medical/physical conditions, which may or may not be related to their vision loss (e.g. diabetes mellitus, coronary artery disease, CVA, osteoarthritis, hypertension, renal failure, etc.). It is expected that the intern will become knowledgeable about these conditions and the manner in which they may affect the patient’s adjustment and progress in rehabilitation.
**General Mental Health (Outpatient)** The Mental Health Outpatient Clinic (MHOC) is multidisciplinary and provides opportunity for interprofessional training. The clinic is staffed by psychologists, psychiatrists, pharmacists, physician assistants, nurse practitioners, social workers, addiction therapists, and nurses. It is an open clinic, which means that it accepts consults and referrals from all services throughout the hospital. The clinic provides a wide range of mental health services, as well as coordination of Veteran care across the facility. The population served by this clinic is diverse and represents a wide range of clinical issues and presenting problems. Frequently presented clinical issues and diagnoses include: mood disorders, substance related disorders, schizophrenia and other psychotic disorders, anxiety disorders, sleep disorders, impulse control disorders, personality disorders, bereavement, marital discord, anger management, emotional dysregulation, gender and sexual disorders, pain disorders, combat and non-combat PTSD, Military Sexual Trauma (MST), and Adjustment Disorders. Less frequently presenting issues include Eating Disorders, Somataform Disorders, and Dissociative Disorders. Comorbidity is present in most patients treated within this clinic, which provides an even broader and more diverse exposure for interns. The Veteran population is diverse with respect to racial/ethnic identity, gender, and age and typically corresponds with our local VA Medical Center catchment population.

**Geropsychology** Interns who select the Geropsychology rotation work primarily geriatric Veterans in the Community Living Center (CLC) performing psychological and neurocognitive assessments and providing interventions. The intern works in conjunction with geriatricians, often attempting to improve patient functioning to allow return to a home-based environment. Other cases involve working to improve quality of life, enhance emotional integrity, help modify maladaptive or disruptive behaviors, and foster a sense of community for veterans who are expected to remain residents of the CLC. Opportunities are available to work with Veterans and their families in the Hospice Program, Rehabilitation Program, Transitional Care Unit, Dementia Unit, and residential "neighborhoods."

**Home Based Primary Care** The Home Based Primary Care Psychology (HBPC) rotation is an amalgam of health and geriatric psychology provided in the Veteran's home, often located in rural areas. By supplying these Primary Care services within the Veteran's home, an ecological context for implementation and assessment of our behavioral health interventions is established. A traditional biopsychosocial model suggests that biological, psychological, and social factors impact a Veteran's disease process; however, services that are developed from this mold are traditionally provided and researched in a static environment, i.e., a medical center. In HBPC, we intervene from every perspective guided by the Veteran's environment. We work with the family, neighborhood and church friends, nursing services, home health, dieticians, occupational health, social work, chaplaincy, and primary care physicians. This places Psychology in a unique position to ensure that a Veteran's entire surroundings are modified to promote lasting change. On occasion, interns will have the opportunity to work with a Veteran approaching the end of his or her life. The intern will be trained in assessing the psychosocial needs of the dying Veteran, family, and caregivers. Psychosocial needs may include processing with the Veteran his or her cultural, spiritual, and existential concerns. Assessment opportunities include training in financial, healthcare, driving, and independent living capacity evaluations. Interns may conduct diagnostic assessments for PTSD, MDD, GAD, dementia, etc. It is not uncommon for the intern to assess whether the Veteran's physical disease or treatment of the disease is impacting his or her emotional distress and/or cognitive impairment.

**Inpatient Psychiatry** During the Inpatient Psychiatry rotation, the intern will become a part of an interdisciplinary treatment team consisting of representatives from psychology, psychiatry,
social work, nursing and allied health disciplines. The intern is afforded an opportunity to assess and intervene with patients from diverse backgrounds, exhibiting florid presentations of a wide range of psychiatric disorders. The intern will be involved with various activities including, but not limited to, intake interviewing, development of treatment plans, consultation, providing patient education, individual and group psychotherapy, and conducting diagnostic assessments. This rotation, in particular, serves as a rich source of clinical training in the area of assessment.

**Integrated Primary Care Mental Health (PCMH)** The Integrated Primary Care/Mental Health rotation offers interns the opportunity to work as embedded practitioners in the outpatient primary care clinics. Here, interns will serve as first points of contact for Veterans newly expressing mental health concerns and/or seeking mental health services. An integral component of this position is collaborating with physicians, nurses, nurse practitioners, physician’s assistants, dieticians, and clinical pharmacists to ensure that a holistic approach is taken in treating each veteran. Through this rotation, interns also have the opportunity to gain experience in lethality assessment and crisis intervention. This area of service is rapidly growing within the VA system, as the standard of care increasingly involves a team approach to treatment with the goal of providing all of the Veteran’s healthcare needs under one roof. Through the Integrated Primary Care/Mental Health rotation, interns may hone their skills in clinical interviewing, diagnosis, and triage in addition to providing short-term, solution-focused treatment (i.e., four to six sessions) and addressing issues incorporating both mental health and behavioral health components. As with the MHOC, the Integrated Primary Care/Mental Health accepts referrals from most other services.

**Neuropsychology** Interns on this rotation assist in conducting neuropsychological assessments for referred patients, progressing to increased independence in administering the evaluations over the course of the rotation. Referral questions include differentiating normal aging and early dementia, determining cognitive functioning after moderate-to-severe head injury or after a significant illness affecting the central nervous system, and assessing the potential impact of cognitive difficulties on work performance.

**Psychosocial Residential Rehabilitation Program (PRRTP)**

**Mental Health Residential Rehabilitation Program (MHRRTP) track** The MHRRTP is designed to provide state-of-the-art, high-quality residential rehabilitation and treatment services for Veterans with multiple and severe medical conditions, mental illness, addiction, or psychosocial deficits. The MHRRTP identifies and addresses goals of rehabilitation, recovery, health maintenance, improved quality of life, and community integration in addition to specific treatment of medical conditions, mental illnesses, addictive disorders, and homelessness. The residential component emphasizes incorporation of clinical treatment gains into a lifestyle of self-care and personal responsibility. Treatment intensity, environmental structures, milieu, and type of supervision vary based on population served, and need to be relevant to the diversity of the population, e.g., age, ethnicity, and culture. Interns on this rotation acquire skills necessary to function as a member of an interdisciplinary intensive psychiatric treatment team, will conduct psychological evaluations on new admissions, develop mental health treatment plans for individual patients, and create safety plans. To develop the skills necessary to function as a member of an IDT, interns will attend IDT staff meetings and at least one weekly screening committee meeting. This rotation also affords interns the opportunity to acquire skills in conduction of individual and group psychotherapy.

**Substance Use Disorders (SUD) track** The Substance Abuse Residential Treatment Program (SARRTP) is a residential treatment program where Veterans live in a therapeutic community.
setting where they can gain support and additional structure as they attend treatment in the Substance Abuse Intensive Outpatient Program (SAIOP). Veterans attend structured group therapy and lectures, process groups and individual therapy. A wide variety of interventions are offered across these modalities of treatment including: anger management, mood management, introduction to 12-Step Recovery, education on the biological basis of addiction, medication management of symptoms, and ambulatory detox if needed. Veterans are also required to attend off grounds AA/NA meetings. The length of stay on the SARRTP is typically 28 days. However, veterans can be extended for a variety of clinical reasons. In addition, once the program is completed veterans can apply for admission to any track on the MHRRTP, where they can stay up to an additional 92 days.

Interns on this rotation acquire skills necessary to function as a member of an interdisciplinary intensive psychiatric treatment team, will conduct psychological evaluations on new admissions, develop mental health treatment plans for individual patients, and create safety plans. To develop the skills necessary to function as a member of an IDT, interns will attend IDT staff meetings and at least one weekly screening committee meeting. This rotation also affords interns the opportunity to acquire skills in conduction of individual and group psychotherapy for patients which address a wide variety of behaviors that arise from substance abuse/dependence. Interns will conduct weekly individual psychotherapy and co-facilitate group therapy sessions. Interns will also be required to attend one group in the Extended Addiction Track of the MHRRTP. Interns develop their own learning plans, much like the treatment plans developed by our individual patients. They may select to work with any variety of patients and groups, as well as participate in administrative duties while on the SARRTP rotation.

**Telehealth** The telehealth rotation is a special rotation which functions in many ways like a traditional outpatient mental health setting, but this rotation is designed to provide the intern training and clinical experience in provision of telehealth services. There are two possibilities for this rotation, either working in Mobile, AL or working in Biloxi, MS. This rotation, rather than having a focus on a clinical issue or particular population, instead focuses on the process of providing psychotherapy services using technology, which we believe is important for provision of care for Veterans living in remote or underserved areas. Opportunities for both clinic-to-clinic contact and Clinical Video Telehealth to the Veteran's home are available.

**Possible Additional Rotations 2019 – 2020***
- PTSD Clinical Team (PCT – Outpatient)
- Women’s Clinic/Military Sexual Trauma (MST)

*The availability of these rotations will be contingent on our facility hiring licensed psychologists who are interested in training. These experiences cannot be guaranteed for the upcoming training year.

**Our Facilities and Location**
The Biloxi Medical Center is the administrative hub of the health care system, and home to medical and surgical in- and outpatient programs, Primary Care medical teams, Emergency Department, extended care programs providing rehabilitative therapies and geriatric care, and various specialty clinics. Inpatient and outpatient mental health services for Veterans in the rural and urban Mississippi Coastal area are also located in Biloxi. In addition to general psychiatry and geropsychiatric inpatient units, outpatient programs include a Mental Health Clinic, Psychosocial Rehabilitation and Recovery Center (PRRC), Post-Traumatic Stress Disorders Clinic, and Women’s Mental Health Clinic. The Psychosocial Residential Rehabilitation Treatment Program provides intensive bed programs for substance abuse, PTSD, serious mental illness and homelessness/work therapy. The Mobile, Eglin, and Panama City Gulf Coast VA Doctoral Internship in Psychology - 8
Outpatient Clinics as well as the Joint Ambulatory Care Center provide community-based primary medical and mental health care to eligible southern Alabama and northwest Florida Veterans with the Biloxi VA Medical Center providing tertiary inpatient care as needed. All treatment (i.e., mental health, medical, or extended care) is formulated under the primary care model with patients assigned to single providers supported by specific health care teams. Interns in our Biloxi Internship program may rotate to the Mobile Outpatient Clinic as well as within our main facility.

Our Area: The Gulf Coast
The Gulf Coast area is a relaxed beach resort setting. French and Spanish explorers settled the area in the late 1600's attempting to gain strategic and economic control of the mouth of the Mississippi River. The area has been home to Native Americans (the Biloxi Indians), French Acadians ("Cajuns"), African Americans, Slavic Fishermen, and more recently, Vietnamese Americans. Since the 1950's, numerous federal agencies and large industries have been located here including: the National Space Technologies Laboratories, the National Oceanographic and Atmospheric Administration, Keesler Air Force Base (a major Air Force electronics, communication, and medical/surgical training facility, the home of the Naval Construction Battalion (Seabees), and the Pensacola Naval Flight Training Center (home of the Blue Angels precision flying team).

The Mississippi Gulf Coast is a major tourist destination and is home to several casinos with their related hotels, fine dining and entertainment facilities. Each year, the interns enjoy many Coast diversions including Mardi Gras, art and entertainment festivals, yacht and powerboat racing, and various fishing rodeos and seafood festivals. Some other noteworthy annual events include: "Cruisin' the Coast" hosting some 5000 antique and classic cars, "Smokin' the Sound" offshore powerboat races, and the Mississippi Deep Sea Fishing Rodeo. Fine cuisine and entertainment have always been a part of the Mississippi Gulf Coast tradition, as have the 26 miles of beach and the bays, bayous and rivers with their associated water sports and recreation. The Gulf Coast Coliseum and Convention Center is host to professional hockey (Mississippi Surge), big name concert entertainment, boat and camper shows, arts and crafts exhibitions, and numerous conventions. In 2015, Biloxi became home to a minor-league baseball team, the Shuckers.

Research Facility
The Gulf Coast Veterans Health Care System is accredited as a research facility by the Association for the Accreditation of Human Research Protection Programs (AAHRPP). In our efforts to provide quality and cutting edge care to Veterans, this facility encourages all disciplines to pursue research endeavors. Some training faculty members actively pursue their own research programs, which may translate to opportunities for interns to participate in research.

Our Information Resources
The Department of Veterans Affairs has been a leader in the development of the computerized medical record. The VA's Computerized Patient Records System (CPRS) is currently the most sophisticated system in use. Interns will utilize CPRS for chart review of progress notes, consults, radiological reports, health care summaries, discharge summaries, pharmaceutical information, etc. All employees and interns have accounts on the health care system computer network (VISTA – a VA internal intranet system), general internet access, and an e-mail address. Computers are available in all psychology stations (including intern offices). The vast majority of health care system communications are conducted via computer. Behavioral Health Service led the way in transitioning the Gulf Coast Veterans Health Care System to the computerized medical record. The Information Management Service-Information Center staff support the clinical, educational, and research activities of the health care system by providing knowledge-based resources in electronic and print formats. The Electronic Library webpage provides a core collection of traditional text resources (book titles, subscriptions, and audiovisual materials and equipment) and an extensive collection of electronic resources. Interlibrary Loan service and assisted
computerized literature searches are available. Satellite teleconferencing (i.e., V-Tel) allows live training by, and real-time interactions with, national and international experts.

SEMINARS

Neuropsychology Seminar
The Neuropsychology Seminar, which meets weekly for the entire year, consists of presentations designed to provide basic education about Veterans in the areas of Neuropsychology, including information about the various domains and disorders that are assessed, basic neuroanatomy, test administration, and report writing. It includes training in the use of standardized tests such as the Neuropsychological Assessment Battery, Wechsler Adult Intelligence Scale-IV, and Delis-Kaplan Executive Function System. It is useful for individuals preparing to take the EPPP who have had no coursework in Neuropsychology, and it serves as a review for those who have. Discussion of the various domains and disorders are supplemented with case presentations pertinent to the topic being discussed.

Diagnostics and Psychopathology Seminar
The weekly Diagnostics and Psychopathology Seminar is designed to help interns become more proficient in relating psychopathological signs and symptoms to diagnostic criteria. In addition to a thorough review of the DSM-5 diagnostic nomenclature, case examples are presented and discussed. This seminar also provides an opportunity to examine unusual and problematic cases that present in various settings that interns may rotate through during the training year.

Professional Issues Seminar
This weekly seminar will meet throughout the internship year. This seminar includes didactic sessions and group discussions covering a range of topics relevant to professional development and practice including such areas as ethical concerns, multicultural/diversity topics, supervision, licensure, and other career development issues. Interns will have opportunities to present on a chosen area of interest in diversity and facilitate group discussion. Throughout the seminar, recent journal publications relevant to professional development will be made available for review and discussion. Learning objectives include developing additional knowledge and skills in targeted areas of practice, understanding the role of cultural diversity and gender variables in practice issues, and developing the identity and skills of a health service psychologist.

Psychological Assessment Seminar
The Psychological Assessment Seminar meets weekly for the entire year. The goal of the assessment seminar is to help the intern acquire the skills necessary to select, administer, score and interpret a battery of diagnostic psychological tests. In addition to training in the use of objective and projective assessment instruments, the intern will learn to conduct and document the results of a mental status examination. Relevant concepts will be richly illustrated through the use of case history materials gathered from past and present medical center patients. The seminar also includes instruction in the preparation of the psychological testing report, a review of current literature related to assessment, and discussions of cultural and ethical considerations. Interns are encouraged to bring test data to the seminar for discussion.

Empirically-Based Treatments (EBT)
The Empirically-Based Treatments (EBT) seminar is offered twice monthly and allows for didactic presentations by training faculty dedicated to education in EBTs by EBT-trained staff members. Currently, this seminar is shared with our sister internship program at the Joint Ambulatory Care Center (JACC) in Pensacola. Treatments covered include Motivational Interviewing, Dialectical Behavior Therapy, and others.
Therapy, Acceptance and Commitment Therapy, Interpersonal Therapy, Cognitive Processing Therapy, Prolonged Exposure, Integrative Behavioral Couple Therapy, and Cognitive Behavioral Conjoint Therapy for PTSD.

Special Topics in Psychology Seminar
The Special Topics in Psychology Seminar meets once per month, addressing a variety of topics pertinent to professional practice. Examples include: caring for Veterans, advanced trauma therapies, diversity issues, death and dying, disaster mental health, and psychopharmacology. The topics for this seminar change from year to year, based on the current intern cohort's interests.

Diversity Presentation & Diversity Days Seminar (Must attend at least 50%)
Interns will make two diversity presentations per year on the first Thursday of each month. The Diversity Days Seminar falls outside of the regularly scheduled didactics day, occurring on Wednesdays at noon. This multi-site seminar is offered every month as an opportunity for interns and training faculty to examine issues related to working with diverse populations. Presenters are expert practitioners and researchers employed in a variety of settings across the nation. Seminars are offered via V-Tel from remote sites. Presentations are usually followed by group discussion. Recent topics have included spirituality in combat, the role of acculturation in psychotherapy outcomes, white privilege, and psychotherapy with American Indian populations.

ADDITIONAL EXPERIENCES DURING THE INTERNSHIP YEAR

Group Supervision
Group Supervision meets on a weekly basis, supervised by the Director of Training and/or Assistant Director of Training. Interns discuss current cases and elicit feedback from their supervisors and peers. Professional development issues and cohort dynamics may also be a focus of the Group Supervision meetings.

Research Presentations & Psychology Grand Rounds
Research presentation is held on the first Thursday of each month. Interns, on a rotating basis, will present their Grand Rounds research on contemporary literature related to their Grand Rounds patient to the DOT and their cohort. Psychology Grand Rounds programs are held monthly. Interns, on a rotating basis, present two cases over the course of the year: one assessment case, and one intervention case. Faculty, interns and other students attend and participate. Interns must present assessment data, review contemporary literature related to the disorder, and lead discussion concerning the diagnosis and treatment of the case. Attention is given to diversity in patients and populations presented.

Assessment Training Program
The Assessment Training Program provides services to the Biloxi center and to the Mobile Outpatient Clinics. Consultation requests are received from a wide range of sources: Neurology, Medicine, Primary Care, Psychiatry, Extended Care, and even Employee Health. After learning to properly administer the assessment measures, Interns are assigned full psychological assessment reports throughout the year, with a minimum of 4 cognitive and 4 personality reports required. This training experience is supported through the weekly Neuropsychology Seminar, Assessment Seminar, and individual and group supervision.

Role of Chief Intern
The Chief Intern is appointed by the Director of Training (DOT) on a rotating schedule from among the intern class. The primary job of the Chief Intern is to represent the intern class to the DOT and ADOT and to assist, as needed, with some of the duties relevant to the psychology training program. The Chief Intern is responsible for chairing the monthly Steering Committee Meeting. He or she also

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attends, as a representative and liaison for the intern class, a portion of the monthly Training Faculty Meeting. It is not uncommon for the Chief Intern to provide a listing of intern's telephone extensions, office numbers and routing symbols (a "locator list") at the beginning of each rotation and distribute Rotation Evaluation forms during the last week of the rotation for completion by interns and faculty.

The Chief Intern will assist with coordination of Employee Assistance Program (EAP) services within Gulf Coast VA. Chief Interns coordinate additional DOT or administrative leadership requests as needed. These varied duties are consistent with the overarching goals of the training program and needs of the Behavioral Health Service.

**Employee Assistance Program (EAP)**

Behavioral Health Service has been at the forefront in providing psychological assistance for employees of the Health Care System. The goal of this program is to help employees deal with stressors in their work setting or away from work that interfere with their ability to perform their work satisfactorily. This can range from dealing with major stressors, such as the aftermath of hurricane devastation, to marital difficulties or interpersonal conflicts on the job. This program is not a true rotation experience. Interns are called upon to conduct or help in clinical activities, such as brief and focused psychological treatment for employees seeking the services of the Employee Assistance Program or facilitating stress and anger management workshops for particular staff teams.

**Continuing Professional Education Series**

The Continuing Education Program Series meets as arranged, though often on the first Thursday of the month. The Gulf Coast Veterans Health Care System is the only agency on the Gulf Coast, and the first agency in the state, certified by the Mississippi Board of Psychology to provide continuing education for the psychologist license renewal. Training includes lectures by members of the Training Faculty, community experts, guest lecturers, and occasionally APA-approved CE video presentations and satellite teleconferences.

**INTERNSHIP TRAINING FACULTY**

Ronald W. Alexander, Ph.D.

**Titles(s):** Clinical Health Psychologist  
**School:** University of Alabama, Birmingham  
**Internship:** Wilford Hall Medical Center, Lackland AFB, San Antonio, TX  
**Post-doctoral Fellowship:** Clinical Health Psychology, Wilford Hall Medical Center, Lackland AFB, San Antonio, TX  
**License:** Kansas, 1999 – Present  
**Duties:** Dr. Alexander is responsible for providing a full spectrum of health psychology/behavioral medicine services within the medical center. He is currently involved with the Health Psychology/Behavioral Medicine Clinic, Behavioral Sleep Medicine (BSM) Clinic, MOVE! Program and the Traumatic Brain Injury/Polytrauma screening program. Dr. Alexander is currently a VHA national training consultant for the Cognitive Behavioral Therapy for Insomnia (CBT-I) training program.  
**Professional Interests:** Dr. Alexander’s theoretical orientation is primarily cognitive/behavioral with an emphasis on comprehensive biopsychosocial assessment and treatment. His special passion is in the behavioral assessment and treatment of sleep disorders including insomnia, breathing-disordered sleep, and circadian rhythm disorders. He is an avid supporter of the integration of mental health professionals
into primary care and specialty medical clinics, with strong emphasis on the behavioral health consultant model of care. He has special interest in the proper referral, and comprehensive assessment and treatment of veterans returning from the recent/current conflicts in Afghanistan and Iraq and elsewhere. Other clinical and research interventions on quality of life and the overall reduction of health care costs.

**Personal Interests:** Traveling, soccer, music, movies, food, video games, and building stuff.

Michael A. Carlton, Ph.D.
**Title(s):** Primary Care-Mental Health Integration Lead Psychologist
**School:** University of Southern Mississippi
**Internship:** Gulf Coast Veterans Health Care System,
**License:** Alabama, 2000 – present
**Duties:** Dr. Carlton is the Lead Psychologist for the Gulf Coast VA Primary Care-Mental Health Integration (PC-MHI) service line. He provides behavioral and mental health services in collaboration with primary care providers at the Mobile, Alabama VA Outpatient Clinic (MOPC). The PC-MHI program is embedded in primary care and supports treatment of both mental health conditions and behavioral aspects of chronic medical conditions. PC-MHI seamlessly combines evidence-based care management and co-located collaborative care services to reduce the numbers of Veterans being referred to specialty mental health programs.

**Professional Interests:** Dr. Carlton’s professional interests include health psychology, traumatic stress, and examining the use of audio-visual aids and bio-feedback to enhance therapeutic outcomes. His theoretical orientation is cognitive-behavioral and eclectic.

**Personal Interests:** His personal interests are spending quality time with his family, playing guitar, traveling, listening to music, and fishing.

Linda Myers Cox, Ph.D.
**Title:** CLC Psychologist/ Chairperson, Workplace Violence Program
**School:** University of Southern Mississippi (1996)
**Internship:** Iowa State University Student Counseling Center, Ames, Iowa
**License:** Licensed in Mississippi since 1998
**Duties:** Provide assessment, treatment, and consultation to Veterans and staff within the Community Living Center (CLC). Also serves as Chairperson for the Disruptive Behavior Committee, the Employee Threat Assessment Team, and as the VISN 16 Lead for Workplace Violence Program Implementation.

**Professional Interests:** Currently very interested in threat assessment in healthcare organizations, looking at individual forensic assessment as well as identifying systems variables and processes that impact our ability to prevent and manage violence in the workplace. I enjoy consulting and training on issues of leadership development. Clinically, while I lean toward cognitive behavioral therapies as my preferred techniques, these are utilized within a relational context. I tend to conceptualize human struggles from an integrative and holistic perspective. I am also interested in feminist concepts as they relate to organizational structures and processes and in their application to therapeutic change. My clinical background has focused heavily on PTSD, as well as Substance Use Disorders and Mood (depression/anxiety) disorders. I have worked extensively with individuals who struggle with Cluster B personality traits so I am familiar with Linehan’s model and find much value in her approach in working with this population. Moving into my new role, I am looking forward to learning more about geriatric behavioral health issues.

**Personal Interests:** My personal interests tend to be family oriented and somewhat simple. I enjoy gardening, music, reading (I enjoy Spy novels!), and sitting with my husband on our patio in the...
evenings. I am active in a local church, and I enjoy long walks with my dog. We enjoy dining out occasionally and I love entertaining close friends in our home.

Beth A. Curry, Ph.D.
Title(s): Clinical Psychologist – Mental Health Outpatient Clinic
School: University of Houston
Internship: Gulf Coast Veterans Health Care System
License: Mississippi, 1996 – Present
Duties: Dr. Curry serves as a psychologist in the Outpatient Mental Health (MH) Clinic at the Biloxi division of the Gulf Coast VA Healthcare System (GCVHS). She provides a wide range of psychological services including individual and group psychotherapy treatment, consultation and brief assessments to Veterans with a broad range of DSM-5 diagnoses including Depression, Anxiety, PTSD, Substance Misuse, Relationship and Work/School Adjustment problems, Anger issues, Sleep Disturbance, Personality Disorders and other Severe Mental Disorders. Dr. Curry covers the MH Outpatient Walk-in Clinic on a daily basis to assist in providing same day access to Veterans and participates in weekly Behavioral Health Interdisciplinary Program (BHIP) treatment team meetings. She provides EAP Services to the Biloxi VA Staff as requested. She also provides training and supervision for graduate level psychology externs, and interns as well as post-graduate fellows through the General Mental Health Outpatient rotation as part of the GCVHS training program.

Professional Interests: Dr. Curry approaches psychotherapy from a predominately integrative perspective with emphasis on cognitive behavioral, existential and psychodynamic therapeutic applications. Dr. Curry's professional interests include clinical evaluation, diagnosis and treatment of a wide array of mental disorders; individual and group psychotherapy processes; professional development/graduate student training; supervision of graduate/post-graduate trainees and unlicensed professionals; women's mental health issues; diversity issues; and the use of mindfulness and metaphors in psychotherapy.

Personal Interests: Dr. Curry enjoys reading, gardening, doing small projects around the house, going to movies, traveling to new places, watching the Saints, trying new restaurants and dishes, spending time with family and friends, and indulging her six dogs and two cats who are mostly rescued animals.

Heather Durban, Psy.D.
Title(s): Licensed Clinical Psychologist
School: Florida School of Professional Psychology at Argosy University, 2015
Internship: Florida Department of Corrections, Zephyrhills, Florida
Post-doctoral Fellowship: Florida Department of Corrections & Private Practice - 2015-2016
License: Florida, 2018
Duties: Dr. Durban is psychologist for the Mental Health Residential Rehabilitation Treatment Program (MHRRTP), where she provides and coordinates treatment for Veterans with chronic mental illness, substance use disorders, chronic unemployment and homelessness. Dr. Durban is responsible for providing individual and group therapy within the MHRRTP. Dr. Durban is also a member of Disaster Emergency Medical Personnel System (DEMPs) for the VHA.

Professional Interests: Dr. Durban’s theoretical orientation is cognitive-behavioral and interpersonal orientation. Dr. Durban’s interests include chronic mental illness, forensics, disaster mental health, women’s issues, and diversity. Additionally, she has a special interest in trauma and human trafficking within the United States.

Personal Interests: Social Justice, Travelling, and the Beach
Dian Evans, J.D., Ph.D., M.S.C.P.
Titles: Director of Intern Training, Neuropsychologist, Forensic Psychologist
Psychology Schools: Fairleigh Dickinson University, Montclair State University & Fielding Graduate University
Law Schools: Loyola & New York University
Internship: Wyoming State Hospital
Fellowship: Hackensack University Medical Center
Licenses: New York, South Carolina, Louisiana, and New Jersey
Duties: In addition to her role in the Doctoral Internship program, Dr. Evans' clinical focus is on assessment.
Professional Interests: Dr. Evans’ professional interests include training, supervision, neuropsychological assessment, forensic assessment, general assessment and psychopharmacology.
Personal Interests: Favorite avocations include spending time with her husband and family, eating out, music, traveling the world, reading and writing. She likes eating, but not cooking. She very much likes riding in hot air balloons and very much dislikes driving automobiles. If she ever wins the lottery, which she plans on doing this year, she will buy a hot air balloon, hire a limousine driver, and hire a Chef among other things.

Racha Fares, Psy.D.
Title: Neuropsychologist
School: Adler School of Professional Psychologist
Internship: Erie Psychological Consortium
Post-doctoral Fellowship: Neuropsychology and Rehabilitation Associates, Hamilton, NJ, and Dr. Patrick Gorman's Neuropsychology Practice, Orlando, FL
License: Florida, 2016 – present
Duties: Outpatient neuropsychological consults
Professional Interests: TBI, rehabilitation neurodevelopmental Disorders, developing Arabic version of often used neurocognitive measures.
Personal Interests: Fitness and nutrition;, outdoor activities such as fishing, kayaking, biking, and hiking, and poetry

Shannon K. S. Fussell, Ph.D.
Title(s): Outpatient Mental Health Psychologist; Director of Psychology Postdoctoral Training
School: Auburn University
Internship: The University Counseling Center – Florida State University
Licenses: Georgia, 2009 – Present, and Mississippi, 2016 - Present
Duties: Dr. Fussell is a generalist psychologist in the Mental Health Outpatient Clinic. Duties include individual and group psychotherapy, psychological assessment, interdisciplinary consultation, and providing urgent (walk-in) services. For the Psychology Internship program, Dr. Fussell coordinates the Evidence Based Psychotherapy Seminar and the Professional Issues Seminar. She is also the Director of Training for the Postdoctoral Psychology Fellowship program.
Professional Interests: Professional interests include training, supervision, developmental psychology, professional ethics, and the therapeutic alliance. Dr. Fussell is an integrative therapist with strong Existential/Humanistic leanings. She enjoys using a variety of evidence-based practices with the relationship at the center of therapeutic interactions. She is active in the Mississippi Psychological Association, serving as the Region 4 (Gulf Coast) Representative and a member of the Executive Council.
Personal Interests: Dr. Fussell loves to try new things and almost always enjoys them. Some of her interests include cooking, eating, music (listening, playing, collecting), spending time with her family, and being "mom" to her beloved rescue dog, Maya.

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Jeffrey S. Lawley, Ph.D.
Title: Deputy Assistant Director of Intern Training, Psychologist, Behavioral Health Acute Inpatient Unit; Assessment Seminar Coordinator
School: University of Southern Mississippi
Internship: Michigan State University Counseling Center
License: Louisiana, 2010 – present
Duties: Dr. Lawley is a generalist psychologist on the behavioral health acute inpatient unit. The acute unit consists of two locked wards that primarily serve Veterans who are in emergency situations and/or a danger to themselves or others. Individual duties include personality assessment and screening of cognitive functioning, individual and group therapy, and consultation as needed in these areas. Groups are on a broad range of topics, including mindfulness, impulse management, values-consistent behaviors, and psychoeducation. Interns are welcome to design and implement their own type of standing group. Collaborative duties include working with a large, diverse treatment team to coordinate acute care and plans for mental health treatment after discharge. Prior to working at the VA, Dr. Lawley was teaching at an M.S. program in counseling.
Professional Interests: Professional interests include psychological assessment, supervision, career development, and multicultural issues in psychology. His theoretical orientation is primarily cognitive-behavioral, with heavy interpersonal, developmental, and narrative influences. (Constructivist, if you have been exposed to that).
Personal Interests: Personal interests include computers, cars, tabletop and video games of all kinds, history, and football. A side interest in psychology is early childhood development, as he has a young son. His wife is also a psychologist, and they are patiently waiting for the day when their son realizes exactly what this means.

Jefferson O. Rogers, Psy.D.
Title(s): Assistant Director of Intern Training, Clinical Psychologist
School: Florida Institute of Technology
Internship: Washington, DC VAMC
Postdoctoral Fellowship: Geropsychology, Little Rock VAMC
License: Mississippi, 1995 – Present
Duties: Dr. Rogers supervises students on the Home Based Primary Care (HBPC) and Blind Rehab Center (BRC) rotations and lectures on evaluating decisional capacity. Clinical duties include providing psychological services to Veterans enrolled in HBPC and admitted to the BRC, as well as conducting the Biloxi Quit Tobacco clinic. He is a supervisor for the GCVHCS Postdoctoral Program and has served as Interim Director of Training. Dr. Rogers was the GCVHCS's Ethics Consultation Coordinator for 18 years and was the 2013 recipient of the William A. Nelson Award for Excellence in Health Care Ethics. He enjoys incorporating a focus on health care ethics into clinical supervision.
Professional Interests: Dr. Rogers' professional interests include geropsychology, neuropsychology, assessment of decisional capacity, tobacco cessation, end-of-life care, and health care ethics consultation. His theoretical orientation is eclectic/pragmatic with a cognitive-behavioral emphasis.
Personal Interests: Avocations include regularly performing music at events and haunts across the Coast, cooking, dining, sartorial matters, projects around the house, travelling the world, and indulging his pets, granddaughter, & wife.

Kimberly Tartt-Godbolt, PsyD.
Title: Interim Lead Psychologist; Deputy Program Manager, Behavioral health MOPC; Supervisory Telemental Health Psychologist; Practicum Coordinator, MOPC; Evidence based psychotherapy coordinator
School: Georgia School of Professional Psychology
Gulf Coast VA Doctoral Internship in Psychology - 16
**Internship:** The Guidance Center Murfreesboro  
**Postdoctoral Fellowship:** Vanderbilt University Medical Center, 2008  
**License:** Tennessee, 2008 – 2014; Alabama 2014-Present

**Duties:** Dr. Tartt-Godbolt serves as the Evidence based psychotherapy coordinator for the Gulf Coast facility. In this role, she is responsible for ensuring appropriate training and delivery of evidence treatments to our Veterans. In addition to her administrative roles as Lead Psychologist and Program Manager MOPC, Dr. Tartt-Godbolt’s clinical focus lies in the Telemental Health Program. Her duties in this role include: providing leadership, guidance and consultation for Telemental Health Staff and Telemental Health issues for the CBOCs in Mobile, AL; Pensacola, FL; Panama City, FL; and Eglin Air Force Base; as well as the main medical center located in Biloxi, MS. Her role also includes providing "Video Telecommunications (V-Tel) Psychology", using evidence-based therapies particularly to support the treatment of PTSD. She also supervises interns on the telemental health rotation.

**Professional Interests:** Dr. Tartt-Godbolt's professional interests include program development, mental health administration, measurement based care, trauma, diversity issues, and training. Dr. Tartt-Godbolt served and the diversity chair for the executive board of the Tennessee Psychological Association. Research interests include technology and mental health. Her theoretical orientation is primarily cognitive-behavioral. She also has an interest in mental health outreach. She is a member of the Mobile Medical Reserve Corps and the Association of VA psychology Leaders.

**Personal Interests:** Her personal interests include spending time with her family, crocheting, photography, and playing the piano. She is enjoying rediscovering her hometown after being away for 16 years and getting to spend more time with her extended family as well.

**APPLICATION INFORMATION**

**Eligibility**

Applicants for the internship program must be degree candidates in APA-accredited doctoral programs in clinical or counseling psychology who have fulfilled departmental requirements for residency/internship as certified by their university training director. Only US citizens are eligible to receive stipend support. A physical exam certifying good health is required of applicants who are selected for the internship program at the Gulf Coast Veterans Health Care System. A security background check is also required.

**Stipend and Benefits**

VA Headquarters in Washington, DC notifies us in January of each year of the budget that we will receive for the following internship year. The 2019-2020 stipend is expected to be greater than $26,000. There are ten federal holidays, and interns accrue an additional 26 days of leave during the year. Additionally, interns are granted authorized absence for dissertation related activities and approved educational programs. Interns are eligible for optional Government Life and Health Insurance benefits.

**Applying**

Application materials (AAPI) are located on the APPIC web site. **The application deadline is at 9:00 p.m. CST, Friday, December 2, 2018.** We will receive your completed application when you select us as one of the sites for which you are applying. Our training program faculty will review your application via the Selection Portal of the APPIC site mentioned above. Applicants will be notified no later than December 14, 2018 as to whether or not they have been invited to interview. Interviews will take place in person and will be conducted during the month of January.

**Recommendations**

Gulf Coast VA Doctoral Internship in Psychology - 17
We require letters of recommendation from at least four (4) supervisors who are familiar with your academic and applied performance in psychology. Two of these letters should be from individuals familiar with your academic work and two from individuals familiar with your applied work (e.g., practicum placements). "Letters of Readiness" from a program's Director of Training cannot be one of these letters of recommendation.

AMERICAN PSYCHOLOGICAL ASSOCIATION (APA) ACCREDITATION
The Psychology Internship Training Program at the VA Gulf Coast Veterans Health Care System is accredited by the American Psychological Association (APA) and has been since 1980. Contact APA at: 750 First Street, NE, Washington, DC 20002-4242. Phone: (202) 336-5979. Visit the APA web site at: *http://www.apa.org/.

ASSOCIATION OF PSYCHOLOGY POSTDOCTORAL AND INTERNSHIP CENTERS (APPIC) MEMBERSHIP
The Psychology Internship Training Program at the Gulf Coast Veterans Health Care System is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and fully subscribes to their selection procedures and policies. This site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. Please visit the APPIC web site to obtain additional information including the Uniform Application and Match Rules (*http://www.appic.org/).
APPIC Match Number: 140111

CORRESPONDENCE
Send requests for information to:
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