



# We care at V-CARE!

Talk with your mental health provider about a referral to our PRRC program. Our goal is to help you reach yours.

PRRC Program Coordinator  
(228) 523-5195

PRRC Program Assistant  
(228) 523-4998

Gulf Coast VA Telephone Advice Program (TAP)  
(800) 929-7690



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## GULF COAST VETERANS HEALTH CARE SYSTEM

PSYCHOSOCIAL RECOVERY AND  
REHABILITATION CENTER

400 Veterans Avenue  
Biloxi, MS 39531



MMS, 14-494B, 7/2014V

 **Veterans  
Crisis Line**  
1-800-273-8255 **PRESS 1**



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## V-CARE Program Psychosocial Recovery and Rehabilitation Center



**GULF COAST VETERANS  
HEALTH CARE SYSTEM**



# V-CARE: A Veteran-centered program for enhancing Communication, Awareness, Recovery and Education

## WHO WE SERVE:

The V-CARE program is for Veterans having trouble with daily life who have been diagnosed with a serious mental illness such as:

- major depression
- schizophrenia
- schizoaffective disorder
- bipolar disorder
- severe post-traumatic stress disorder

Veterans in the V-CARE program can feel safe knowing they will be in a group setting with other Veterans with some of the same needs and experiences.

## WHAT WE ARE:

V-CARE is a voluntary, recovery-focused program. V-CARE helps a Veteran living with serious mental illness take an active role in his or her own recovery journey.

The V-CARE team is dedicated to helping our Veterans. Staff from several different departments make up our V-CARE team. The program teaches Veterans educational and life skills. Veterans can use these skills to become more independent and active in the community.

Classes are taught in groups. Goal setting and recovery coaching are done individually.

## WHAT WE ARE NOT:

V-CARE is not a day treatment program or a program just to provide structure throughout the day. V-CARE is based on the belief that persons living with serious mental illness can and will recover if they are motivated and willing to make an effort to change. V-CARE staff encourage, educate and empower Veterans to seek recovery.

Success in recovery lies in the Veteran's hands. At first, Veterans may come to the program daily. As they become more involved in their communities, they should come to the program less often. V-CARE's main goal is for each Veteran to live independently in his or her own community when the program is completed.

## WHAT TO EXPECT:

Each Veteran in V-CARE will have a recovery coach to guide the Veteran on his or her path to recovery. Veterans and their coaches will meet to set recovery goals and work to complete them. Veterans can choose which classes to take and how often to come to the program. Classes are offered Monday through Friday at VA and in the community. Classes include volunteer opportunities to help Veterans become more involved in community activities.