



DROPLET PRECAUTIONS

WHY AM I ON DROPLET PRECAUTIONS?

You are on droplet precautions because you may have a condition that could be spread to other people through respiratory secretions you breathe out.

PATIENT RESPONSIBILITY:

1. Wash your hands often with soap and water.
2. You must wear a surgical mask at all times when you leave your room. Put the mask in a trash basket when you come back into your room.
3. Put tissues used for coughing, blowing your nose or sneezing into your trash basket. Don't forget to wash your hands!
4. Let the nurse know before you leave your room.
5. You must be escorted by hospital staff when you leave your room.
6. Check with your nurse if you have any questions.

VISITOR RESPONSIBILITY:

1. Check with the nurse for DOs and DON'Ts.
2. Put on a surgical mask before entering the patient's room and wear it while in the room. Remove the mask as you are leaving the room and put it in a trash basket.
3. Wash your hands when leaving the patient's room. Use soap and water or alcohol foam.

- Practice hand hygiene every time you leave your room.
- Remind staff and visitors to practice hand hygiene when they enter and leave your room.

TO CLEAN YOUR HANDS WITH SOAP AND WATER:

1. Wet your hands with warm water.
2. Apply soap and rub your hands together for 15 seconds or longer.
3. Rub your palms, fingernails, in between your fingers and the backs of your hands.
4. Rinse and dry your hands.
5. Turn the water off with a clean paper towel if you are in a public rest room.

Alcohol-base hand sanitizers are a great way to clean your hands.

TO CLEAN YOUR HANDS WITH ALCOHOL FOAM:

1. Use alcohol foam hand cleaner when your hands do not look dirty.
2. Rub the alcohol foam hand cleaner all over your hands, under your nails and between your fingers. Rub until your hands are dry.

