

Women's Clinics

VAGCVHCS Main Line (228) 523-5000
(800) 296-8872

Biloxi (228) 523-4280
400 Veterans Ave. (228) 523-5149
Biloxi, MS 39531 (228) 523-4573 fax
(228) 523-5719 fax

Mobile OPC (251) 219-3900
1504 Springhill Ave. (888) 201-0110
Mobile, AL 36604 (251) 808-5000
ext. 3936 & 3900

JACC/Pensacola (850) 912-2000
790 Veterans Way (850) 912-2500
Pensacola, FL 32507 (866) 927-1420
(850) 912-2440 fax

Eglin OPC (866) 520-7359
100 Veterans Way (888) 231-5047
Eglin AFB, FL 32542 (850) 609-2600
ext. 2725

Panama City OPC (850) 636-7000
NSA Bldg. 387 (850) 636-7104
101 Vernon Ave. (850) 636-7110
Panama City Beach, (888) 231-5047
FL 32407

Women Veterans Program Manager

Mary-Anne Plaskon, RSM, LCSW
(228) 523-5149 • (228) 523-4573 fax
mary.plaskon@va.gov

Bldg 3, Rm 1A103E
Biloxi Facility

How to Enroll

Complete VA eligibility form 1010EZ
and submit to the VA:

- online at www.va.gov
- mail the form to your local VA
- visit your local VA Consumer Affairs Service counter

After your eligibility has been approved,
you may request to see a doctor in the
women's clinic or primary clinic.

Four to six months **BEFORE** discharge or
retirement (or if you are already a veteran
applying for compensation and benefits),
call:

Robert Bailey

for an appointment
(228) 523-4319 (Biloxi Facility)

Bring the following documents to your
appointment:

1. Complete claim form VA 21-526
2. Complete copy of service medical record
3. Marriage license and/or divorce decree
4. Birth certificates for children under 18 years old



Department of
Veterans Affairs

MMS, 06-288B, 3/09J

WOMEN VETERANS HEALTH CARE

You served, you deserve
★ the best care anywhere.



Women Veterans Program

VA GULF COAST VETERANS
HEALTH CARE SYSTEM

WOMEN VETERANS HEALTH CARE

*You served, you deserve
★ the best care anywhere.*



The VA Gulf Coast Veterans Health Care System, as governed by Public Laws 102-585 and 104-262, provides gender specific health care to women veterans. Your Women

Veterans Program Manager is here to assure you have access to a full range of services offered by our VA Medical Center.



Programs Offered

Chaplain

- Spiritual guidance

Counseling, Treatment, and Referrals

- VA Mental Health Services
(228) 523-4057/4055
- Social Work Services – (228) 523-4688
 - Anxiety
 - Sleep disorders
 - Substance abuse
 - Smoking cessation
 - Domestic violence
 - Family and marriage
 - Military sexual trauma (MST)
 - Post-traumatic stress disorder (PTSD)
 - Homeless women veterans
 - Medication management
 - Health and wellness
- **The Vet Center**
Tanya Griego, MSW, LCSW, POC
Biloxi (228) 388-9938
CBOCs (251) 478-5906
 - Post-traumatic stress disorder (PTSD)
 - Military sexual trauma (MST)

Education

- Diabetes
- Blood pressure
- Nutrition and weight loss
- Breast cancer prevention (breast self exam)

Oncology

Osteoporosis

Other VA Health Care Services

- Vision
- Hearing
- Dental (OEF/OIF and service connected only)
- Eligibility and enrollment
- Compensation and benefits
- Community based referrals

Women's (Primary Care) Health Care Centers

- **Complete Physicals**
 - Pelvic exam
 - Breast exam
 - HIV testing
 - STD testing
 - Pap smear
- **Endocrinology**
- **Gynecology**
 - Fertility and pregnancy (off site)
 - Maternity (off site; excludes newborn care)
 - Infertility treatment (limited)
 - Mammograms (off site)
 - baseline mammogram (35 to 40 yrs.)
 - recommended yearly follow-up (40 to 50 yrs.)
 - follow-up yearly (50 yrs. and older)
- **Immunization**
 - HPV

Calendar Events

January, June, September
Women's After-Tap gatherings at
Gulfport Seabee Base and
Keesler AFB

February
Women's Heart Health Day

March
Women's History Month

May
Meet and Greet

August - December
Stand Downs (All Sites)

November
Women's Health Fair
OEF/OIF Welcome Home

Web Sites

www.biloxi.va.gov

www.va.gov

[www.publichealth.va.gov/
womenshealth](http://www.publichealth.va.gov/womenshealth)

www.mentalhealth.va.gov

www.vetcenter.va.gov