

**TELE-MENTAL HEALTH CLINIC
ROTATION GOALS AND OBJECTIVES**

Goal 1: Acquire general skills necessary to function as a professional member of an interdisciplinary mental health outpatient treatment team, such as in response to MH triage, MH consult management, and interdisciplinary treatment planning and implementation.

Objectives for Goal 1:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Conduct diagnostic interviews w/ Veterans consulted to Tele-Mental Health Clinic. Complete consult documentation (if formal consult was made) and appropriate progress note. Schedule patient for future appointments as needed. Coordinate remote clinic room scheduling as needed.			
2. Attend interdisciplinary treatment (IDT) meetings and/or discuss/brief cases with interdisciplinary team members as needed. Help design comprehensive treatment plans which are coordinated across telehealth and traditional services.			
3. Attend monthly interdisciplinary staff meetings. Offer assistance and suggestions as needed, when available.			

Goal 2: Acquire advanced skills in conducting videoteleconferenced (vtel) psychotherapy with chronically mentally ill patients.

Objectives for Goal 2:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Take VA trainings in tele-mental health. Know local and VISN level rules and regulations regarding provision of care by way of telehealth equipment. Know and practice according to said rules.			
2. Consult with treatment team and/or MHC staff and/or other healthcare facility providers as needed for strengthening skills and to confirm compliance with appropriate procedures.			

Goal 3: Acquire advanced skills in providing supportive individual psychotherapy and Evidenced Based Treatments to Veterans being treated in Tele-Mental Health Clinic.

Objectives for Goal 3:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. For a full time rotation, clock approximately 10 hours of supportive 1:1 psychotherapy per week. This amount of time can vary depending on other demands and workload and can include face-to-face encounters.			

2. Plan for and conduct (when appropriate and possible) pre/post assessments of patients seen for 1:1 psychotherapy. Present data to supervisor in supervision.			
3. Document each session and telephone encounter in the medical record according to VA rules and regulations.			
4. Check VISTA ^SMAN at end of each day to confirm that ENCOUNTERS for each scheduled appointment have been properly completed. Note that there are two clinic appointments for tele-mental health and as such there are more encounters to complete.			
5. Consult with treatment teams and other staff as needed for Veterans whom need additional and/or special services. Refer if needed.			
6. As requested by your supervisor, provide videotaped and/or audiotaped psychotherapy sessions for review/supervision. Obtain appropriate consent for audio/video taping prior to acting on this request. Once reviewed, dispose of audio/video as spelled out in Psychology Standard Operating Procedures.			

Goal 4: Acquire skills and knowledge necessary to function in the role of patient education resource related to disease process.

Objectives for Goal 4:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Review the following sections of DSM-IV: a. Delirium, Dementia and Amnestic and Other Cognitive Disorders b. Substance-Related Disorders c. Schizophrenia and Other Psychotic Disorders d. Mood Disorders e. Anxiety Disorders f. Impulse-Control Disorders Not Elsewhere Classified g. Adjustment Disorders h. Personality Disorders i. Additional Codes			
2. Be available to Veterans you work with to discuss their primary psychiatric diagnosis and prognosis for treatment. Alert medical center staff when away from rotation site or office, so that such efforts can be coordinated if needed. Provide staff options for making contact with you when away from clinic, so that such efforts can be coordinated with you upon your return.			
3. When such education is provided, document each patient education contact in the medical record. If more substantial or recurring education is needed, help Veteran and/or			

clinic to coordinate said educational treatment.			
4. Seek out opportunities to provide psychoeducational information to your patients as needed. Refer patients if appropriate.			

NOTE: These are the minimum requirements for the rotation.

Met: Intern demonstrates satisfactory mastery of objective.

W/Rem: Intern needs remedial work in this area, which will be specified below.

N/A: Object was not met due to factors beyond the Intern's control

I have read, understand and agree to work towards the rotations goals and objectives.

Intern Signature Date Supervisor's Signature Date

_____ has completed all above goals and objectives and has successfully completed this rotation.

Supervisor's Signature Date Intern Signature Date

Please discuss strengths and weaknesses of Intern or any remedial needs (note that this information should be presented, in addition to on this form, in the end of rotation competency evaluation.)
