

MENTAL HEALTH OUTPATIENT CLINIC (MHOC)
ROTATION GOALS AND OBJECTIVES

Goal 1: Acquire skills necessary to function as a professional member of an interdisciplinary mental health outpatient treatment team, such as in response to MH triage, MH consult management, and interdisciplinary treatment planning and implementation.

Objectives for Goal 1:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Conduct diagnostic interviews w/ Veterans consulted to Psychology Biloxi MHC, typically seen in MH BIL ORIENTATION CLINIC. Complete consult documentation and appropriate progress note. Schedule patient for future appointments as needed.			
2. Conduct diagnostic interviews w/ Veterans presenting to MHC as "walk-ins." Complete documentation and consult with other MHC staff, and hospital wide providers, as needed. Schedule patients for future appointments as needed.			
3. Attend interdisciplinary treatment (IDT) meetings. Assist in treatment planning for patients being treated in MHC. Help design comprehensive treatment plans. Present cases regularly. Document presentation of case in IDT via appropriate charting.			
4. Attend monthly interdisciplinary staff meetings. Offer assistance and suggestions as needed, when available.			

Goal 2: Acquire advanced skills in conducting group psychotherapy with chronically mentally ill patients.

Objectives for Goal 2:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Co-facilitate/facilitate the weekly MHC groups.			
2. Enter a progress note for each participant (and patients who are invited but decline). The progress note will normally be entered the day of the group, but always within 24 hours of the group session.			
3. Check VISTA ^SMAN at end of each day to confirm that ENCOUNTERS for each scheduled appointment has been properly completed. Close out "open encounters."			
4. Help to build group enrollment as needed. Help with coordination of care for group members whom will be leaving group, including referral and handoffs to other providers and/or other treatment facilities.			
5. Consult with treatment team and/or MHC staff and/or other healthcare facility providers as needed for those group members whom need additional and/or special services.			

Assist in coordinating needed/identified treatment as appropriate.			
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Goal 3: Acquire advanced skills in providing supportive individual psychotherapy to Veterans being treated in the MHC.

Objectives for Goal 3:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. For a rotation wherein no groups are covered, Clock approximately 10 hours of supportive 1:1 psychotherapy per week. This amount of time can vary depending on other MHC demands and workload for groups.			
2. Plan for and conduct (when appropriate and possible) pre/post assessments of patients seen for 1:1 psychotherapy.			
3. Document each 1:1 session and telephone encounter in the medical record.			
4. Check VISTA ^SMAN at end of each day to confirm that ENCOUNTERS for each scheduled appointment has been properly completed.			
5. Consult with treatment team and/or MHC staff as needed for veterans whom need additional and/or special services. Refer if needed.			
6. As requested by your supervisor, provide videotaped and/or audiotaped psychotherapy sessions for review/supervision.			

Goal 4: Acquire skills and knowledge necessary to function in the role of MHC patient education resource related to disease process.

Objectives for Goal 4:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Review the following sections of DSM-IV: <ul style="list-style-type: none"> a. Delirium, Dementia and Amnesic and Other Cognitive Disorders b. Substance-Related Disorders c. Schizophrenia and Other Psychotic Disorders d. Mood Disorders e. Anxiety Disorders f. Impulse-Control Disorders Not Elsewhere Classified g. Adjustment Disorders h. Personality Disorders i. Additional Codes 			
2. Be available to Veterans you work with in individual and/or group psychotherapy to discuss their primary psychiatric diagnosis and prognosis for treatment. Alert MH Outpatient			

Clinic staff when away from rotation site, so that such efforts can be coordinated if needed. Provide MH Outpatient Clinic staff options for making contact with you when away from clinic, so that such efforts can be coordinated with you upon your return.			
3. When such education is provided, document each patient education contact in the medical record. If more substantial or recurring education is needed, help Veteran and/or clinic to coordinate said educational treatment.			
4. Seek out opportunities to provide psychoeducational presentations and workshops for Veterans as needed in the MH Outpatient Clinic.			

Goal 5: Proficiency and routine completion of logistics/“day-to-day mechanics” of providing psychological services in a VA MH Outpatient Clinic.

Objectives for Goal 5:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
<p>1. Morning Routine:</p> <p>a. In office: Upon arrival at the office and prior to picking up your 0800 patient, check voicemail/respond to emergencies. Document as needed.</p> <p>b. At clerk's station: Prior to picking up your 0800 patient, check-in with clerk/make notations on printout (clipboard) of clinic schedule. Advise clerk of any appointments you will have that are not on the roster and hand write name and last four of patient in appropriate time slot on roster. Schedule appointments as needed via use of Orders in CPRS. Alert clerk/MH Outpatient Clinic staff when you are expecting to be off station/away from the clinic and give them directions on how to contact you should they need to do so.</p>			
<p>2. Midday Routine:</p> <p>a. Check with MH Outpatient Clinic clerks and the clipboard at the MH Outpatient Clinic clerk's station to keep abreast of clinic needs ("walk-ins") and issues related to your specific patients (telephone messages, patient cancellations, no shows, etc.)</p> <p>b. When you have time available, respond to "walk-ins." The way to know if there are "walk-ins" is to check the "walk-in" clipboard regularly.</p> <p>c. When you get a chance and throughout the day, check VISTA mail and/or address any clinic mail as needed.</p> <p>d. Inform MH Outpatient Clinic staff about expected time away from clinic. If planned, such as with a regularly scheduled meeting or approved vacation, send an e-mail to the VHABIL MH CLINIC Staff e-mail mailing list to inform the clinic staff about your pending absence. If</p>			

<p>leaving the clinic for an unexpected meeting/appointment, in addition to informing your supervisor, also inform the MH Outpatient Clinic clerks so that they can know how to contact you in an emergency.</p>			
<p>3. End of day Routine:</p> <ul style="list-style-type: none"> a. Return all patient voicemails. Write all notes prior to leaving. b. If you have completed a consult, close the consult in CPRS. c. Confirm via VISTA ^sman function that all encounters for which you are responsible have been "closed." Do not leave an open encounter. d. Look over schedule for upcoming day: make sure that all appointments that should have been cancelled have been cancelled. Make sure you are not accidentally double booked. Make sure that all appointments you have planned have been scheduled (If not, place reminder call yourself and print out and give Text Order request to scheduling clerks.). Call Veterans/make appropriate documentation if needed. e. Note in your log the information you are tracking for patient contact/supervision hours. 			

NOTE: These are the minimum requirements for the rotation.

Met: Intern demonstrates satisfactory mastery of objective.

W/Rem: Intern needs remedial work in this area, which will be specified below.

N/A: Object was not met due to factors beyond the Intern's control

I have read, understand and agree to work towards the rotations goals and objectives.

Intern Signature Date Supervisor's Signature Date

_____ has completed all above goals and objectives and has successfully completed this rotation.

Supervisor's Signature Date Intern Signature Date

Please discuss strengths and weaknesses of Intern or any remedial needs (note that this information should be presented, in addition to on this form, in the end of rotation competency evaluation.)
