



Patient Safety

DON'T FALL FOR IT!

MEDICAL FACILITY SAFETY:

- Wear nonslip foot wear
- Use the call light for assistance
- If your neighbor needs help, turn on the call light
- Turn on your overhead light to see in the dark
- Use your cane or walker
- Lock your wheelchair brakes
- Don't step over the wheelchair foot rest
- Don't crawl over the side rails
- Don't use IV poles or rolling tables for support when walking
- If you see anything hazardous, tell the staff



HOME SAFETY IS NO ACCIDENT:

- Keep hallways and floors clear of clutter
- Throw rugs should have a nonslip backing
- Highly waxed floors can be slick; clean up spills right away
- Wear shoes or slippers with nonslip soles on linoleum
- Don't jump up from a sitting or lying position
- When possible, use a cordless phone and keep it nearby
- Use night lights in the bedroom, hall and bathroom
- Avoid ladders; avoid standing on chairs or step stools
- Be wary of curbs when stepping off sidewalks
- Use your cane or walker when in the house
- Consider personal alarms which contact assistance when needed

